

# YOUTH PROGRAMS

Developing Life Skills for Active Youth



## Cheerleading

- Cheers, Chants, Jumps, and Stunting
- Pom Dance Routines, Fun Team-Building
- Clinics, Showcases and Competitions - Up to Nationals

Classes  
Start at Only  
**\$8 Weekly!**

## Karate/ Martial Arts

- Essential Life Skills - Respect and Discipline
- Self Defense, Abduction Prevention, and Anti Bullying
- Advancement through Black Belt with Certified Black Belt Instructors

## Soccer

- Positive Team Environment
- Qualified, Non-Volunteer Coaches
- Beginner Through Advanced Skills
- Fun Lessons, Games, Tournaments and Challenges

All Sports are Co-ed



EARN  
GREAT  
AWARDS  
in  
EVERY SPORT

Not all programs are available in all areas – See details on reverse side.

**These classes are offered in partnership with the  
WESD Community Enrichment Program**



*As low as  
\$8.00  
per week!*

**MARTIAL ARTS/KARATE AGES 4 – 15**

| CLASS LOCATION   | CLASS DAY | DATES     | CLASS TIMES (Arrive 15 minutes early for registration)  |
|--|-----------|-----------|---|
| <b>Orangewood El. Cafeteria</b><br>7337 N. 19th Ave., 85021        | Wednesday | 8/29-1/16 | White Belts (Ages 4-6): 5:30 - 6:15 p.m. ;<br>White Belts (Ages 7+) & Yellow: 6:15 - 7:00p; Green Belts & above: 7:00 - 8:00 p.m. |
| <b>Cholla Middle School Cafeteria</b><br>3120 W. Cholla St., 85029 | Thursday  | 8/30-1/17 | White Belts: 6:00 - 6:45 p.m. ; Yellow & Green Belts: 6:45 - 7:45 p.m.  |
| <b>Sunnyslope K-8 Cafeteria</b><br>245 E. Mountain View Rd., 85020 | Saturday  | 8/18-1/19 | Purple Belts & Above: 9:00 - 10:30 a.m.   |
| <b>Ironwood El. Cafeteria</b><br>14850 N. 39th Ave., 85023         | Friday    | 8/17-1/18 | Blue & Purple Belts: 5:30 - 7:00 p.m., Orange Belts & above: 7:30 - 9:00 p.m.   |

\$8.00 per week for a 45 minute lesson. Extended class fee is \$9.00 per week for a 60 minute lesson. Uniforms are available (not required) for \$33.00.

**CHEERLEADING AGES 4 – 15**

| CLASS LOCATION   | CLASS DAY | DATES     | CLASS TIMES (Arrive 15 minutes early for registration)  |
|--|-----------|-----------|---|
| <b>Lookout Mountain El. Gym</b><br>15 W. Coral Gables Dr., 85023 | Tuesday   | 8/28-1/15 | JV: 5:45 - 6:30 p.m. (ages 4-6); Varsity: 6:30 - 7:15 p.m. (ages 7-9)<br>Jr. All Stars: 7:15 - 8:15 p.m. (ages 10+); Pro: 8:10 - 9:10 p.m. (tryout team)    |
| <b>Acacia El. Cafeteria</b><br>3021 W. Evans Dr., 85053          | Wednesday | 8/29-1/16 | JV: 5:30 - 6:15 p.m. (ages 4-6); Varsity: 6:15 - 7:00 p.m. (ages 7-9);<br>Jr. All Stars: 7:00 - 8:00 p.m. (ages 10-15); Pro: 8:00 - 9:00 p.m. (tryout team) |
| <b>Washington El. Gym</b><br>8033 N. 27th Ave., 85051            | Friday    | 9/7-1/18  | JV: 5:30 - 6:15 p.m. (ages 4-6); Varsity: 6:15 - 7:00 p.m. (ages 7-9);<br>Jr. All Stars: 7:00 - 8:00 p.m. (ages 10+); Pro: 8:00 - 9:00 p.m. (tryout team)   |

\$8.00 per week for a 45 minute lesson. JV/Varsity poms \$27.00 (Inc.ID tags) Avail. at class. \*All Star class fee \$9.00/week for a 60min. lesson. Jr. All Star Team poms \$24.00

**SOCCER AGES 5 - 15**

| CLASS LOCATIONS  | DATES      | CLASS DAY                       | REGISTRATION TIME    | ORIENTATION & 1st CLASS |
|--|------------|---------------------------------|----------------------|-------------------------|
| <b>Arroyo Soccer Field</b> 4535 W. Cholla St., 85304               | 9/8-12/15  | Saturdays<br>(once per<br>week) | 9:00 a.m. Ages 5-6   | 9:30-10:20 a.m.         |
| <b>Lookout Mountain Soccer Field</b> 15 W. Coral Gables Dr., 85023 | 9/15-12/15 |                                 | 10:45 a.m. Ages 7-8  | 11:15 a.m.-12:05 p.m.   |
| <b>Ocotillo Soccer Field</b> 3225 W. Ocotillo Rd., 85017           | 9/15-12/15 |                                 | 12:30 p.m. Ages 9-15 | 1:00-1:50 p.m.          |

\$8.00 per week for a 50 minute lesson. Soccer ball (\$14.00) and shin pads (\$12.00/pair) are required by the 2<sup>nd</sup> week and are available at class or you may bring your own.

*Weekly practice times will be assigned for the semester during Registration Day.*

- Registration open the first three weeks • Registration fee: \$10.00, non-refundable • Pay weekly or for the full semester.
- Register online or at class • Parent/Legal guardian must register student • Checks/Cash/Money Order accepted. Credit/Debit accepted at most locations
- Parents/friends encouraged to watch the first & last class of the semester • For Soccer-In case of bad weather, registration will be held the next week

**SAVE TIME REGISTER ONLINE!**

**PARA ESPAÑOL LLAME 480-603-3780, O visite nuestra pagina [www.activstars.com](http://www.activstars.com)**

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