

# YOUTH PROGRAMS

Developing Life Skills for Active Youth

*Fun!*

## Cheerleading

- Cheers, Chants, Jumps, and Stunting
- Pom Dance Routines, Fun Team-Building
- Clinics, Showcases and Competitions - Up to Nationals

Classes  
Start at Only  
**\$8 Weekly!**

## Karate/Self-Defense

- Essential Life Skills - Respect and Discipline
- Safety Awareness, Abduction Prevention, and Anti Bullying
- Advancement through Black Belt with Certified Black Belt Instructors

*No Contracts!*

## Soccer

- Positive Team Environment
- Qualified, Non-Volunteer Coaches
- Beginner Through Advanced Skills
- Fun Lessons, Games, Tournaments and Challenges

All Sports are Co-ed



EARN  
GREAT  
AWARDS  
in  
EVERY  
SPORT

Not all programs are available in all areas - See details on reverse side.

These classes are offered in partnership with the  
**WESD Community Enrichment Program**



## MARTIAL ARTS/KARATE AGES 4 – 15

LOCATION	CLASS DAY	DATES	REGISTRATION	Orientation & First Class
<u>Orangewood Elementary Cafeteria</u> 7337 N. 19 <sup>th</sup> Ave., Phoenix, 85021	Wednesdays	Aug. 30 <sup>th</sup> – Jan. 17 <sup>th</sup> (18 weeks)	5:15 p.m. Beginners	5:45 – 6:30 p.m.
			6:45 p.m. Colored Belts	7:15 – 8:15 p.m. Yellow & Green Belts
				7:15 – 8:45 p.m. Blue Belts & Above
<u>Cholla Middle School Cafeteria</u> 3120 W. Cholla St., Phoenix, 85029	Thursdays	Aug. 31 <sup>st</sup> – Jan. 18 <sup>th</sup> (17 weeks)	6:00 p.m. Beginners	6:30 – 7:15 p.m.
			7:15 p.m. Yellow & Green Belts	7:45 – 8:45 p.m.
			Blue Belts & Above meet Fridays at Lookout Mountain starting Aug. 18 <sup>th</sup> . For information, please call (480) 603-3780	

**\$8.00 per week for a 45 minute lesson. The above times are for the 1<sup>st</sup> Class only. Weekly class times will be assigned for the semester during Registration Night.** Uniforms are available (not required) for \$33.00. Extended class fee is \$9.00 per week for a 60 minute lesson.

## CHEERLEADING AGES 4 – 15

LOCATION	CLASS DAY	DATES	REGISTRATION	Orientation & First Practice
<u>Lookout Mountain Elementary - Gym</u> 15 W. Coral Gables Dr., Phoenix, 85023	Mondays <b>NOTE:</b> No Class on 9/4/2017	Aug. <sup>th</sup> – Jan. 8 <sup>th</sup> (16 weeks)	6:15 p.m. Ages 4 – 9 (JV & Varsity)	6:45 – 7:30 p.m.
			7:15 p.m. Ages 10 – 15 (*All Star)	7:45 – 8:45 p.m.
<u>Acacia Elementary School - Cafeteria</u> 3021 W. Evans Dr., Phoenix, 85053	Wednesdays	Aug. 30 <sup>th</sup> – Jan. 17 <sup>th</sup> (18 weeks)	5:30 p.m. Ages 4 – 9 (JV & Varsity)	6:00 – 6:45 p.m.
			7:00 p.m. Ages 10 – 15 (*All Star)	7:30 – 8:30 p.m.
<u>Washington Elementary - Gym</u> 8033 N. 27 <sup>th</sup> Ave., Phoenix, 85051	Fridays	Sept. 8 <sup>th</sup> – Jan. 19 <sup>th</sup> (14 weeks)	5:45 p.m. Ages 4 – 9 (JV & Varsity)	6:15 – 7:00 p.m.
			7:15 p.m. Ages 10 – 15 (*All Star)	7:45 – 8:45 p.m.

**\$8.00 per week for a 45 minute lesson. The above times are for the 1<sup>st</sup> Practice only. Weekly practice times will be assigned for the semester during Registration Night.** High Quality, fluffed Team pom-poms (per level) will be available for \$27.00 (includes ID tags) or you may bring your own. Cheer students must wear tennis shoes and comfortable attire to class. \*All Star class fee is \$9.00 per week for a 60 minute lesson. High quality, 2-color Jr. All Star Team poms are \$24.00 per set.

## SOCCER AGES 5 – 15

LOCATION	CLASS DAY	DATES	REGISTRATION	Orientation & First Class
<u>Arroyo Elementary Soccer Field</u> 4535 W. Cholla St., Glendale, 85304 Please park in School Parking Lot ONLY	Saturdays	Sept. 9 <sup>th</sup> – Dec. 16 <sup>th</sup> (13 weeks)	9:00 a.m. Ages 5 – 6	9:30 – 10:20 a.m.
			10:45 a.m. Ages 7 – 8	11:15 a.m. – 12:05 p.m.
			12:30 p.m. Ages 9 – 15	1:00 – 1:50 p.m.
<u>Lookout Mountain Elementary Field</u> 15 W. Coral Gables Dr., Phoenix, 85023	Saturdays	Sept. 16 <sup>th</sup> – Dec. 16 <sup>th</sup> (12 weeks)	9:00 a.m. Ages 5 – 6	9:30 – 10:20 a.m.
			10:45 a.m. Ages 7 – 8	11:15 a.m. – 12:05 p.m.
			12:30 p.m. Ages 9 – 15	1:00 – 1:50 p.m.
<u>Ocotillo Elementary Soccer Field</u> 3225 W. Ocotillo Rd., Phoenix, 85017	Saturdays	Sept. 23 <sup>rd</sup> – Dec. 16 <sup>th</sup> (11 weeks)	9:00 a.m. Ages 5 – 6	9:30 – 10:20 a.m.
			10:45 a.m. Ages 7 – 8	11:15 a.m. – 12:05 p.m.
			12:30 p.m. Ages 9 – 15	1:00 – 1:50 p.m.

**\$8.00 per week for a 50 minute lesson. The above times are for the 1<sup>st</sup> Practice only. Weekly practice times will be assigned for the semester during Registration Day.** Soccer ball (\$14.00) and shin pads (\$12.00/pair) are required by the 2<sup>nd</sup> week and are available at class or you may bring your own. Soccer cleats recommended. No metal cleats.

- Pay weekly or prepay for the entire semester.
- Students may register during the first three weeks.
- **Registration fee: \$10.00, non-refundable.**
- Parents/friends are encouraged to watch the first and last class of the semester.
- For SOCCER – In case of bad weather, registration will be held at the same time the next week.
- Register at class or online.
- Parent/Legal guardian must register student.
- Checks/Cash/Money Order accepted.

**PARA ESPAÑOL POR FAVOR LLAME 480-603-3780, O VISITE NUESTRA PAGINA [www.ACTIVSTARS.com](http://www.ACTIVSTARS.com)**

For more information call 480-603-3780. For information and/or registration, visit [www.ACTIVSTARS.com](http://www.ACTIVSTARS.com)