PRESCHOOL BREAKFAST AND LUNCH FREE FOR ALL STUDENTS

DECEMBER



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST CEREAL JUICE LUNCH SHREDDED CHICKEN TACO REFRIED BEANS PEACHES	BREAKFAST WAFFLE BUDDY FRUIT LUNCH DEEP DISH PIZZA CARROTS + CELERY PEARS	BREAKFAST MUFFIN TOP MANDARIN ORANGE CUP LUNCH PEANUT BUTTER + JELLY BROCCOLI MIXED FRUIT	BREAKFAST CEREAL LUNCH CHEESEBURGER FRENCH FRIES FRESH FRUIT	BREAKFAST MINI PANCAKES APPLE SLICES LUNCH CHICKEN SMACKERS CORN ON THE COB FRESH FRUIT
BREAKFAST 9 CEREAL JUICE LUNCH TANGERINE CHICKEN + BROWN RICE SUNSHINE CARROTS PEAR	BREAKFAST 10 CHICKEN SAUSAGE CROISSANT FROZEN FRUIT CUP LUNCH CHEESEBURGER FRENCH FRIES MIXED FRUIT	BREAKFAST 19 MUFFIN PEACH CUP LUNCH CHEESE PIZZA WEDGE BROCCOLI APPLESAUCE	BREAKFAST 12 CEREAL LUNCH TURKEY + CHEESE SUB BABY CARROTS FRESH FRUIT	BREAKFAST 18 FRENCH TOAST STICKS APPLE SLICES LUNCH CHICKEN TENDERS CUCUMBER FRESH FRUIT
BREAKFAST CEREAL APPLESAUCE CUP LUNCH STUFFED CRUST PEPPERONI PIZZA CARROTS + CELERY PEACHES	BREAKFAST BREAKFAST ON A STICK FROZEN FRUIT CUP LUNCH CHICKEN SANDWICH SWEET POTATO FRIES PEARS	BREAKFAST 18 MUFFIN MIXED FRUIT CUP LUNCH BEEF PEPPERONI CALZONE CUCUMBERS APPLESAUCE	BREAKFAST 19 WAFFLE BANANA LUNCH CHEESEBURGER ROASTED RED POTATOES FRESH FRUIT	BREAKFAST 20 PANCAKE WHOLE FRUIT LUNCH MACARONI + CHEESE BABY CARROTS FRESH FRUIT
23	WINTER	BREAK 7	NO SCHOO	27
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SCAN FOR ONLINE MENU

ITEM CONTAINS PORK

Connect with us on social media by searching "WESD Nutrition Services".





DARK CHOCOLATE CAN BE A HEART HEALTHY TREAT WHEN ENJOYED IN MODERATION. TRY MAKING HOT COCOA WITH COCOA POWDER AND **LOW-FAT MILK AS A HEALTHY TREAT**

1% WHITE MILK SERVED WITH MEALS

HOT