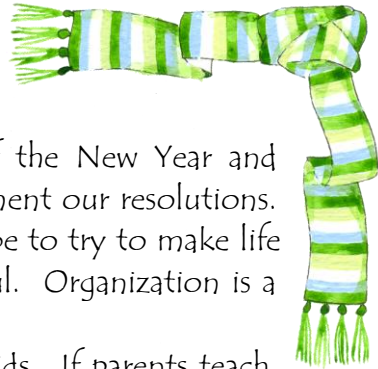


January 2010



Dear Parents/Guardians:

It's the beginning of the New Year and time for us to implement our resolutions. One resolution may be to try to make life a little bit less stressful. Organization is a real challenge for many kids. If parents teach this skill, life can be easier for everyone. Here are some tips that can help:

- Plan ahead. Have your child prepare for school at night. For example, he or she can choose an outfit and pack his or her lunch.
- Organize. Keep important items in the same place each day. A great spot for backpacks is by the front door.
- Make a list or keep a calendar posted on the refrigerator. Write down things your child needs to bring to school (permission slips, lunch money, homework projects).

These tips will also help get your children to school on time.

Ms. MacArthur
Principal

Facility Council Town Hall Meeting

We Need Your Voice!

The Washington Elementary School District is investigating opportunities to improve your school building such as: improving the learning environment, improving campus safety and reducing operating costs. Arroyo Elementary School invites you to be part of the process.

Please join a panel of District and independent experts to hear information about your school, get answers to your questions and share your ideas. We want to hear from you! Mark your calendar for Tuesday, January 12, Arroyo cafeteria, 6:30 p.m. We will be conducting the Arroyo Elementary School Town Hall Meeting.

The information gathered at this meeting will be shared with the WESD Facility Council as it determines recommendations to take to the Superintendent and Governing Board with regard to a possible future bond election.



- Jan. 4 Second Semester begins
- Jan. 6 PLC Wednesday – Early Release
Kdg – 2nd dismissed at 12:50 p.m.
3rd to 6th dismissed at 1:30 p.m.
Report cards go home
- Jan. 12 Facility Council Town Hall Meeting,
Arroyo cafeteria 6:30 p.m.
- Jan. 13 PLC Wednesday – Early Release
Kdg – 2nd dismissed at 12:50 p.m.
3rd to 6th dismissed at 1:30 p.m.
- Jan. 14 WESD Spelling Bee, District Office 9:30 a.m.
WESD Governing Board Meeting
District Office 7p.m.
- Jan. 15 Honor Roll/Principal List Assembly
Cafeteria 1:45 p.m.
- Jan. 18 Martin-Luther King, Jr. Day
NO SCHOOL
- Jan. 20 PLC Wednesday – Early Release
Kdg – 2nd dismissed at 12:50 p.m.
3rd to 6th dismissed at 1:30 p.m.
Arroyo Site Council Meeting
Community room (6A) 4 p.m.
Arroyo PTA Meeting
Community room (6A) 6:30 p.m.
- Jan. 22 Chinese Acrobats Assembly, cafeteria
Kindergarten to Third grade 1 p.m.
Fourth to sixth grade 2 p.m.
- Jan. 27 PLC Wednesday – Early Release
Kdg – 2nd dismissed at 12:50 p.m.
3rd to 6th dismissed at 1:30 p.m.
- Jan. 28 WESD Governing Board Mtg.
District Office 7 p.m.
- Jan. 29 "S.U.P.E.R. Kids Lunch with the Superintendent"
Two Arroyo students to have lunch with
Dr. Cook @Sardella's Pizza



Arroyo Spelling Bee News

An exciting Arroyo Spelling Bee for 2009-2010 was held on Thursday, December 10. Participants were the winner and first runner-up from the classroom bees in grades four through six. They all did a terrific job spelling many very challenging words. The winner was Chaz Mercedes (fifth grade) and first runner-up was Cecily Monroy-Pena (fourth grade). This year's participants were Deborah Lin and Cecily Monroy-Pena (fourth grade), Tania Gewargis and Chaz Mercedes (fifth grade), Bryce Cheney and Aaron Sanders (sixth grade). Our winner this year is Chaz Mercedes and first runner up is Cecily Monroy-Pena. Great job. The Washington District Bee will be held at the District Office on January 14. Good Luck!



WESD

4650 W. Sweetwater Ave., Glendale, AZ 85304 • 602-347-2600 • www.wesdschools.org

Governing Board: Tee Lambert, President • Bill Adams, Vice President • Clorinda Graziano, Member • Aaron Jahneke, Member • Chris Maza, Member

Dr. Susan J. Cook, Superintendent

Character Counts

Arroyo is a Character Counts school. We adhere to the pillars of character and believe in the golden rule of treating others as you would like to be treated. We teach students to be trustworthy, respectful, responsible, fair, caring, and display good citizenship at all times.

Trustworthiness: be honest, don't deceive, cheat or steal, be reliable – do what you say you'll do, have the courage to do the right thing, build a good reputation, be loyal – stand by your family and friends.

Respect: treat others with respect; follow the Golden Rule, be tolerant of differences, use good manners, not bag language, be considerate of the feelings of others, don't threaten, hit or hurt anyone, deal peacefully with anger, insults and disagreements.

Responsibility: Do what you are supposed to do, preserve, keep on trying, always do your best, use self-control; be self-disciplined, think before you act – consider the consequences be accountable for your choices.

Fairness: Play by the rules, take turns and share, be open-minded; listen to others, don't blame others carelessly.

Caring: Be kind, be compassionate and show your care, express gratitude, forgive others, and help people in need.

Citizenship: Do your share to make your school and community better, cooperate, stay informed; vote, be a good neighbor, obey laws and rules, respect authority, protect the environment.

Foreclosure Prevention Help Available

In these tough economic times, many homeowners face the possibility of foreclosure. Help is available to homeowners through the Arizona Foreclosure Hotline, sponsored by the Arizona Department of Housing and backed by the Arizona Attorney General's Office.

The Arizona Foreclosure Hotline can provide homeowners with tools for preventing foreclosure, counseling services, legal resources and tips to avoid scams. The hotline can be reached at 1-877-448-1211 or www.azforeclosureprevention.org.

Ayuda Disponible para Prevención de un Fallo de Hipoteca

En estos tiempos económicos difíciles, muchos dueños de viviendas encaran la posibilidad de un fallo de hipoteca. Existe ayuda que está disponible para los dueños de viviendas mediante 'Arizona Foreclosure Hotline', patrocinado por el Departamento de Viviendas de Arizona y respaldado por la Oficina del Procurador General de Arizona.

La línea informativa 'Arizona Foreclosure Hotline' puede proveer a los dueños de viviendas con herramientas para prevenir el fallo de una hipoteca, servicios de asesoramiento, recursos legales y consejos para prevenir engaños. Pueden comunicarse con la línea informativa al llamar al 1-877-448-1211 o al visitar el sitio web www.azforeclosureprevention.org.

Operation Tone-Up

This fall our third through sixth grade classes participated in a grant program called Operation Tone Up. The grant focus was to educate the students on the importance of good nutrition and regular exercise. The long-range goal of Operation Tone Up is to advance wellness and prevent childhood obesity in this generation. The classroom teachers and Mr. Todorich performed the prescribed exercise routines, building endurance over the 10-week time period from September 14 until November 27. The students also learned the value of eating the six main nutrients (carbohydrates, water, protein, fat, vitamins and minerals) in a way that properly fuels their bodies. These activities took place during the regular instructional day.

Students did a pretest and post test in knowledge, sit-ups and push-ups. Every grade level improved dramatically in all areas over the time period. On December 3, a randomly selected 16-member team went to compete in a District championship. Arroyo School had a very good showing. There was only one school selected to go to the state competition out of the nine that participated, but every school was a winner for the improved fitness and eating habits that students learned and practiced. We hope these students brought home this information to their parents and families. I want to thank all of the students who participated in the Operation Tone Up Challenge on December 3: April Barriga, Azure Long, Michael Colunga, Joshua Tewaheftewa, Andrea Borsenik, Brianna Colwell, Michael Mellecker, Kevin Mota Vargas, Evelyn Jimenez, Ana Velasco, Sam Sesma, Nathan Pollard, Maddison Lawyer, Ruby Rivera Gomez, Joey Fucci, and Gerardo Uribe. Arroyo School showed outstanding effort and sportsmanship curing the Challenge. They made all of us proud!



Arroyo PTA Corner

At our next meeting, scheduled for Wednesday, January 20 at 6:30 p.m. in the community room, we will be discussing our 2010-2011 budget. We will review the current PTA budget for possible amendments. All PTA members are encouraged to attend. Members must be present to vote. Not a member? Join our PTA for just \$5.00 per person. Non-members are welcomed to attend a meeting to see what we are about but cannot vote. We hope to see you there!

