

Gymnastics at
Lookout Mountain
School!

Holtorf Gymnastics

Get your body moving, get some

exercise and

have lots of fun!

Learn basic

tumbling, limbers,

handsprings

and aerials in these active classes.



MONDAY CLASSES

Start date: 2/7/11 End date: 5/16/11

NO CLASS: 2/21, 2/28 and 3/14

Times: Beginning class 3:15-4:00 (1st time in class or still learning basic tumbling)

Beg/Int class 4:00-4:45 (Can do basic tumbling, learning limbers)

Int/Adv class 4:45-5:30 (Basic tumbling, learning limbers, handsprings & aerials)

OR

WEDNESDAY CLASSES

Start date: 2/2/11 End date: 5/11/11

NO CLASS: 3/2, 3/16 and 4/13

Times: Beg/Int class 1:45-2:30 (Can do basic tumbling, learning limbers)

Int/Adv class 2:30-3:15 (Basic tumbling, learning limbers, handsprings & aerials)

Adv only class 3:15-4:15 (Has basic tumbling, limbers, working handsprings & aerials)

The cost for 12 classes is only \$112!

Make checks payable to: Bonnie Holtorf

Registrations made by phone only: 602-679-0631 or 623-486-8810

This class is offered in partnership with the WESD Enrichment Program.

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